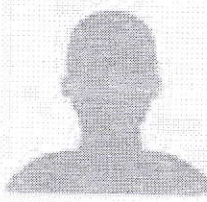
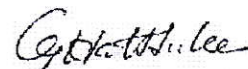


MEDICALSURVILLANCE PROFORMA

NAME : RAMAR R		
AGE : 36/M		
EMP # : 25092		
REF BY : Ramco industries ltd -(Tirunelveli)		
MHC DATE : 01-03-21		
Medical history		
Personal History	Nil	
Present Complaints	No specific complaints	
Systemic Examination		
Cardio Vascular System	S1S2 +	
Respiratory System	NVBS +	
Abdomen	SOFT NON TENDER	
Central Nervous System	NO FND	
LAB INVESTIGATION	(1)BLOOD TEST (2)URINE TEST (3)SPUTUM AFB SMEAR	(REPORT ENCLOSED)
	x-ray chest PA view	(REPORT ENCLOSED)
General Advices/remarks	1.Sputum for Asbestos -Negative 2.Advice to avoid direct exposure to occupational lung hazards(ref-NIOH guidelines) 3.Recommended to use personal protective equipment's 4.Advise breathing exercises' regularly& good life style practices 5. Eat green, leafy vegetables such as spinach, and collards. 6. Drink Three liters of water daily. 7. Aim for less than 2,300 milligrams (about 1 teaspoon of salt) each day. 8. Every 20 minutes, rest your eyes by looking 20 feet away for 20 seconds. At least every 2 hours, get up take a 10-minute break. 9. Brisk walk 30 minutes daily (will burn more calories). get fit and maintain heart healthy	



Dr.HARI HARA SUDAN .G MBBS, AFIH
Industrial Health Consultant
TMC Reg. No. 94583,
AFIH Reg. No. 02003

On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

Branch Off : #105-B, Kamaraj Nagar, Padikuppam Road, Chennai - 600 040.

Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

Regn ID : 31794 / 31934
Name [Age] / Sex : RAMAR R [36 Y] / Male
Employee ID: 25092
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
GLUCOSE (RANDOM)	85.79 mg/dL	80 - 120
HAEMATOLOGY		
ESR 1 Hr	2 mm	2-15
COMPLETE BLOOD COUNT		
DIFFERENTIAL COUNT		
Neutrophils	63 %	40 - 75
Lymphocytes	31 %	20-45
Eosinophils	4 %	1-6
Monocytes	2 %	2-10
Basophils	0 %	0-1
HAEMOGLOBIN	14.6 gm/dL	Men : 13.5 - 18.0 Women : 11.5 - 16.5
Total WBC Count	7500 Cells / Cumm	4,000-11,000
RBC Count	5.03 Millions/cumm	Men : 4.5 - 6.5 Women : 3.8 - 5.8
PLATELET COUNT	2.71 Lakhs/cumm	1.50 - 4.00
Packed cell volume	45.7 %	Men : 40- 54 Women : 37-47
MCV	90.9 fl	76- 96
MCH	29 pg	27- 32
MCHC	31.9 %	30 -35
CLINICAL PATHOLOGY		
URINE COMPLETE		
Appearance	Clear	
PH	5.0 (Acidic)	
Specific Gravity	1.010	
Protein	NIL	
Glucose	NIL	
Ketone	Negative	
Nitrite	Negative	
Bilirubin (Bile salt & Bile Pigment)	Negative	

Dr. V. Raamamoorthy
Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

Page 1/2

On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Aging Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

Branch Off : #105-B, Kamaraj Nagar, Padikuppam Road, Chennai - 600 040.

Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

Regn ID : 31794 / 31934
 Name [Age] / Sex : RAMAR R [36 Y] / Male
 Employee ID: 25092
 Referred By : A Ramco industries ltd -(Tirunelveli)
 Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
 Sample Coll. on : 01/03/2021
 Comp. Report : 02/03/2021
 Print Date : 02/03/2021
 Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
Urobilinogen	: Present in Normal Limits	
DEPOSIT(MICROSCOPY)		
Pus Cells	: 1 - 2 /hpf	
Epithelial Cells	: 2 - 4 /hpf	
RBCS	: NIL /hpf	
Casts	: NIL /hpf	
Crystals	: NIL	
Others	: NIL	
MICRO BIOLOGY		
SPUTUM AFB SMEAR	: Negative	

Negative : No AFB seen
 /100 fields
 Scanty : 1-9 /100 fields
 1+ : 10 - 99 /100 fields
 2+ : 1 - 10 / fields in 50
 fields
 3+ : > 10 / fields in 20
 fields

** END OF REPORT **

Dr. V. Raamamoorthy
 Dr. V. Raamamoorthy.MD.,(PATH)
 CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

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On Site Health Services:

Pre medical health checkup / Statutory health checkup
 Food handlers health checkup / Periodical health checkup
 Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

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Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

Clarity Clarity Medical Pvt. Ltd.		FVC TEST Date: 01-03-2021 (T1)		Pred Eqn : CLARITY Ref By : NONE		Eth.Corr : 100	
RO-15 - RAMAR R 36 Years / Male / Ht 175 Cms / 62 Kgs / Non-Smoker							

- Pre Medication Report :
Spirometry within Normal range as FVC% >= 80
And FEV1/FVC% > 70

- Pre COPD Severity Report:
COPD Severity within Normal range

- Doctor's Comments :

Parameter	Pred	Pre	Pre%	Post	Post%	Imp%
FVC	[L]	3.76	2.65	88	--	--
FEV1	[L]	3.11	2.93	94	--	--
FEV.5	[L]	--	2.90	--	--	--
FEV3	[L]	3.64	--	--	--	--
FEV6	[L]	--	--	--	--	--
PEFR	[L/s]	9.35	10.54	113	--	--
FEF25-75	[L/s]	4.22	9.30	221	--	--
FEF75-85	[L/s]	--	6.14	--	--	--
FEF2-12	[L/s]	7.42	9.22	124	--	--
FEF25%	[L/s]	6.14	10.61	133	--	--
FEF50%	[L/s]	5.87	11.63	198	--	--
FEF75%	[L/s]	2.95	7.01	237	--	--
FEV1/FVC	[%]	--	98.41	--	--	--
FEV1/FEV6	[%]	--	99.47	120	--	--
FEV3/FVC	[%]	97.00	--	--	--	--
FEV6/FVC	[%]	--	--	--	--	--
FET	[S]	--	0.59	--	--	--
ExpiTime	[S]	--	0.13	--	--	--
LungAge	[Y]	36.00	38.00	105	--	--
PiFR	[L/s]	--	7.20	--	--	--
FIF25%	[L/s]	--	11.13	--	--	--
FIF50%	[L/s]	--	10.84	--	--	--
FIF75%	[L/s]	--	10.84	--	--	--
FIV.5	[L]	--	1.73	--	--	--
FIV1	[L]	--	--	--	--	--
FIV3	[L]	--	--	--	--	--
FIV.5/FVC	[%]	--	95.69	--	--	--
FIV1/FVC	[%]	--	--	--	--	--

PVC %Pred

FEV1 %Pred

Note: The results may be clinically correlated.

On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

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Name	RAMAR R	Emp#	25092
Age	36/M	Date	01-Mar-21

X RAY CHEST (PA VIEW)

The heart size and configuration are within the normal limits.

The aortic arch is normal.

The lung fields show normal broncho-vascular markings.

Both the pulmonary hila are normal in size.

The costophrenic and cardiophrenic recesses and domes of the diaphragm are normal.

The bones and soft tissues of the chest wall show no abnormality.

IMPRESSION:

➤ **Normal study**



DR.ABINESH, MD.RD
(CONSULTANT RADIOLOGIST)
Reg: No: 104276

On Site Health Services :

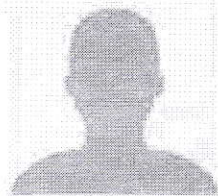
Pre medical health checkup / Statutory health checkup
Food handlers health checkup / Periodical health checkup
Mining Statutory health checkup

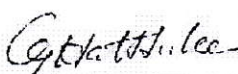
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Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

MEDICALSURVILLANCE PROFORMA

NAME : SORIMUTHU M		
AGE : 48/M		
EMP # : 25093		
REF BY : Ramco industries ltd -(Tirunelveli)		
LIS # : 31935		
MHC DATE : 01-03-21		
Medical history		
Personal History	Nil	
Present Complaints	No specific complaints	
Systemic Examination		
Cardio Vascular System	S1S2 +	
Respiratory System	NVBS +	
Abdomen	SOFT NON TENDER	
Central Nervous System	NO FND	
LAB INVESTIGATION	(1)BLOOD TEST (2)URINE TEST (3)SPUTUM AFB SMEAR	(REPORT ENCLOSED)
	x-ray chest PA view	(REPORT ENCLOSED)
General Advice/remarks	1.Sputum for Asbestos -Negative 2.Advice to avoid direct exposure to occupational lung hazards(ref-NIOH guidelines) 3.Recommended to use personal protective equipment's 4.Advise breathing exercises' regularly& good life style practices 5. Eat green, leafy vegetables such as spinach, and collards. 6. Drink Three liters of water daily. 7. Aim for less than 2,300 milligrams (about 1 teaspoon of salt) each day. 8. Every 20 minutes, rest your eyes by looking 20 feet away for 20 seconds. At least every 2 hours, get up take a 10-minute break. 9. Brisk walk 30 minutes daily (will burn more calories). get fit and maintain heart healthy	


 Dr. HARI HARA SUDAN .G MBBS, AFIH
 Industrial Health Consultant
 TMC Reg. No. 94583,
 AFIH Reg. No. 02003

On Site Health Services :

Pre-medical health checkup | Statutory health checkup
 Food handlers health checkup | Periodical health checkup
 Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

Branch Off : #105-B, Kamaraj Nagar, Padikuppam Road, Chennai - 600 040.

Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

Regn ID : 31795 / 31935
Name [Age] / Sex : SORIMUTHU M [48 Y] / Male
Employee ID: 25093
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
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BIOCHEMISTRY

GLUCOSE (RANDOM)

: 75.91 mg/dL

80 - 120

HAEMATOLOGY

ESR 1 Hr

: 6 mm

2-15

COMPLETE BLOOD COUNT

DIFFERENTIAL COUNT

Neutrophils

: 69 %

40 - 75

Lymphocytes

: 29 %

20-45

Eosinophils

: 1 %

1-6

Monocytes

: 1 %

2-10

Basophils

: 0 %

0-1

HAEMOGLOBIN

: 14.9 gm/dL

Men : 13.5 - 18.0

Women : 11.5 - 16.5

Total WBC Count

: 7200 Cells / Cumm

4,000-11,000

RBC Count

: 5.09 Millions/cumm

Men : 4.5 - 6.5

Women : 3.8 - 5.8

PLATELET COUNT

: 3.08 Lakhs/cumm

1.50 - 4.00

Packed cell volume

: 45.7 %

Men : 40- 54

Women : 37-47

MCV

: 89.8 fl

76- 96

MCH

: 29.3 pg

27- 32

MCHC

: 32.6 %

30 -35

CLINICAL PATHOLOGY

URINE COMPLETE

Appearance

: Clear

PH

: 6.0 (Acidic)

Specific Gravity

: 1.010

Protein

: NIL

Glucose

: NIL

Ketone

: Negative

Nitrite

: Negative

Bilirubin (Bile salt & Bile Pigment)

: Negative

Dr. V. Raamamoorthy

Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

Page 1/2

On Site Health Services :

Pre medical health checkup / Statutory health checkup
Food handlers health checkup / Periodical health checkup
Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

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Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

Regn ID : 31795 / 31935
Name [Age] / Sex : SORIMUTHU M [48 Y] / Male
Employee ID: 25093
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
Urobilinogen	: Present in Normal Limits	
<u>DEPOSIT(MICROSCOPY)</u>		
Pus Cells	: 1 - 2 /hpf	
Epithelial Cells	: Occasional /hpf	
RBCS	: NIL /hpf	
Casts	: NIL /hpf	
Crystals	: NIL	
Others	: NIL	
<u>MICRO BIOLOGY</u>		
SPUTUM AFB SMEAR	: Negative	

Negative : No AFB seen
/100 fields
Scanty : 1-9 /100 fields
1+ : 10 - 99 /100 fields
2+ : 1 - 10 / fields in 50
fields
3+ : > 10 / fields in 20
fields

** END OF REPORT **

Dr. V. Raamamoorthy
Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

Page 2/2

On Site Health Services :

Pre medical health checkup / Statutory health checkup
Food handlers health checkup / Periodical health checkup
Among statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

Branch Off : #105-B, Kamaraj Nagar, Padikuppam Road, Chennai - 600 040.

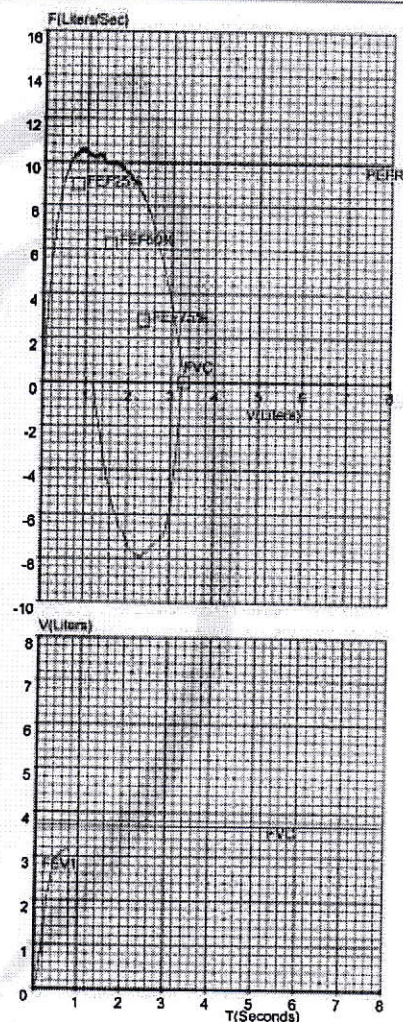
Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

RO-16 - SORIMUTHU M
48 Years / Male / Ht 169 Cms / 67 Kgs / Non-Smoker

FVC TEST
Date: 01-03-2021 (T1)

Pred Eqn : CLARITY Eth Corr : 100
Ref By : NONE

AN ISO 15189:2013 Certified Organization
Tamil Nadu Certified Lab

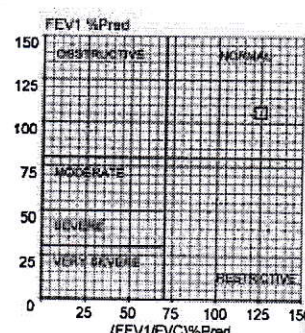
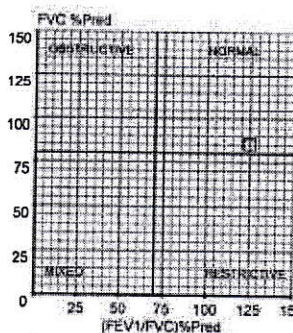


Parameter	Pred	Pre	Pre%	Post	Post%	Imp%
FVC	[L]	3.29	2.81	85	-	-
FEV1	[L]	2.62	2.79	106	-	-
FEV5	[L]	-	2.78	-	-	-
FEV3	[L]	3.19	-	-	-	-
FEV6	[L]	-	-	-	-	-
PEFR	[L/s]	8.50	9.14	108	-	-
FEF25-75	[L/s]	3.56	8.20	233	-	-
FEF75-85	[L/s]	-	5.71	-	-	-
FEF 2-1.2	[L/s]	6.30	8.12	129	-	-
FEF25%	[L/s]	7.69	9.46	123	-	-
FEF50%	[L/s]	5.35	8.83	165	-	-
FEF75%	[L/s]	2.38	8.63	279	-	-
FEV5/FVC	[%]	-	98.33	-	-	-
FEV1/FVC	[%]	79.74	99.44	125	-	-
FEV3/FVC	[%]	97.00	-	-	-	-
FEV6/FVC	[%]	-	-	-	-	-
FEV1/FEV6	[%]	-	-	-	-	-
PET	[S]	-	0.59	-	-	-
ExpiTime	[S]	-	0.13	-	-	-
LungAge	[Y]	48.00	45.00	94	-	-
FIVC	[L]	-	1.78	-	-	-
PIFR	[L/s]	-	6.80	-	-	-
FIF25%	[L/s]	-	8.40	-	-	-
FIF50%	[L/s]	-	11.12	-	-	-
FIF75%	[L/s]	-	10.68	-	-	-
FIV.5	[L]	-	1.71	-	-	-
FIV1	[L]	-	-	-	-	-
FIV3	[L]	-	-	-	-	-
FIV.5/FIVC	[%]	-	95.65	-	-	-
FIV1/FIVC	[%]	-	-	-	-	-

- Pre Medication Report :
Spirometry within Normal range as FVC% >= 80 And
FEV1/FVC% > 70

- Pre COPD Severity Report:
COPD Severity within Normal range

- Doctor's Comments :



Dr. R. SRINIVASAN M.D. (Chest) D.T.C.D.
Consultant Chest Physician
Reg. No. 25018

Note: The results may be clinically correlated.

On Site Health Services :

Pre-medical health checkup / Statutory health checkup
Food handlers health checkup / Pre-medical health checkup
Moving Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

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Name	SORIMUTHU M	Emp#	25093
Age	48/M	Date	01-Mar-21

X RAY CHEST (PA VIEW)

The heart size and configuration are within the normal limits.

The aortic arch is normal.

The lung fields show normal broncho-vascular markings.

Both the pulmonary hila are normal in size.

The costophrenic and cardiophrenic recesses and domes of the diaphragm are normal.

The bones and soft tissues of the chest wall show no abnormality.

IMPRESSION:

➤ **Normal study**



DR.ABINESH, MD.RD
(CONSULTANT RADIOLOGIST)
Reg: No: 104276

On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Mining Statutory health checkup

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.

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